CLARENCE SENIOR CENTER JULY CALENDAR

Thursday, July 1 July 9 – cont. 9:00 Full Body Workout 11:00 Travel Club 12:00 Pool 12:00 Pool 1:00 Pinochle 12:30 Duplicate Bridge 1:00 Poker 1:00 Poker 1:15 Bingo Friday, July 2 Monday, July 12 9:00 **Exercise & Weights** 9:00 Intermediate Bridge 9:30 – 11:00 Senior Outreach Program 9:00 So-Sew 9:30 Ceramic Arts Class 12:00 Pool 10:15 Tap Dancing 1:00 Pinochle 11:30 Lyrical Jazz 12:00 Pool Monday, July 5 1:00 Poker Center is closed. Tuesday, July 6 Tuesday, July 13 **Exercise & Weights** 9:00 Exercise & Weights 9:00 9:30 Men's/Women's Bridge 9:30 Men's/Women's Bridge (4 some only) (4 some only) 10:00 Blood Pressure 10:00 Blood Pressure 11:30 Resistance Training Exercise 11:00 Univera Informational 12:00 Pool 11:30 Resistance Training Exercise 1:00 Intermediate Bridge 12:00 Pool 1:00 Intermediate Bridge 1:00 Poker 1:00 Poker Wednesday, July 7 9:30 Line Dance Wednesday, July 14 9:00 So-Sew 9:30 Line Dance 9:30 Ceramic Arts Class 9:00 So-Sew 9:30 Ceramic Arts Class 9:30 Woodcarvers 10:00 Euchre 9:30 Woodcarvers 10:00 Euchre 12:00 Pool 1:00 Poker 12:00 Pool 1:00 Bridge and Social Cards 1:00 Poker 1:15 Silvertones 1:00 Bridge and Social Cards 6:30 Pinochle 1:15 Silvertones 6:00 Gazebo Event 6:30 Pinochle **Thursday, July 8** 9:00 Full Body Workout Thursday, July 15 10:30 Book Club Full Body Workout 9:00 12:00 Pool 9:30 Nature Club 12:30 Duplicate Bridge 12:00 Pool 1:00 Poker 12:30 Duplicate Bridge 1:15 Bingo Poker 1:00 Friday, July 9 1:15 Bingo

9:00 Intermediate Bridge

9:30 – 11:00 Senior Outreach Program

CLARENCE SENIOR CENTER JULY CALENDAR

Friday, July 16 Friday, July 23 9:00 Intermediate Bridge 9:00 Intermediate Bridge 9:30 - 11:00 Senior Outreach Program 9:00-1:00 Bone Density Screening 9:30 - 11:00 Senior Outreach Program 12:00 Pool 1:00 Pinochle 12:00 Pool 1:00 Poker 1:00 Pinochle Poker 1:00 Monday, July 19 9:00 Exercise & Weights Monday, July 26 9:00 So-Sew 9:00 Exercise & Weights 9:30 Ceramic Arts Class 9:00 So-Sew 10:00-2:30 AARP Driving Course 9:30 Ceramic Arts Class 10:15 Tap Dancing 10:15 Tap Dancing 11:30 Lyrical Jazz 11:30 Lyrical Jazz 12:00 Pool 12:00 Pool 1:00 Poker 1:00 Poker 3:00 Couples Club Picnic at Glenwood Tuesday, July 20 Pavilion 9:00 Exercise & Weights 9:30 Men's/Women's Bridge Tuesday, July 27 (4 some only) 9:00 Exercise & Weights 10:00 Blood Pressure 9:30 Men's/Women's Bridge 10:00-2:30 AARP Driving Course (4 some only) 10:45 Five Secrets Presentation 10:00 Blood Pressure 11:30 Resistance Training Exercise 11:30 Resistance Training Exercise 12:00 Pool 12:00 Pool Intermediate Bridge 1:00 Intermediate Bridge 1:00 1:00 Poker 1:00 Poker Wednesday, July 21 Wednesday, July 28 9:30 Line Dance 9:30 Line Dance 9:00 So-Sew 9:00 So-Sew 9:30 Ceramic Arts Class 9:30 Ceramic Arts Class 9:30 Woodcarvers 9:30 Woodcarvers 10:00 Euchre 10:00 Euchre 12:00 Pool 12:00 Pool 1:00 Poker 1:00 Bridge and Social Cards 1:00 Bridge and Social Cards Silvertones 1:15 1:15 Sunshine Birthday Club 6:30 Pinochle 1:15 Silvertones 7:00 Alzheimer's Support Meeting 6:30 Pinochle Thursday, July 29 9:00 Full Body Workout Thursday, July 22 9:00 Full Body Workout 12:00 Pool 10:30 Book Club 12:30 Duplicate Bridge Poker 12:00 Pool 1:00 12:30 Duplicate Bridge 1:15 Bingo

1:00 Poker 1:15 Bingo

1:15 Encompass 65

CLARENCE SENIOR CENTER JULY CALENDAR

Friday, July 30

9:00 Intermediate Bridge

9:30 – 11:00 Senior Outreach Program

10:00 Scrapbooking Class

12:00 Pool

1:00 Pinochle

1:00 Poker